

**WEDDING
PLANNER
& GUIDE**

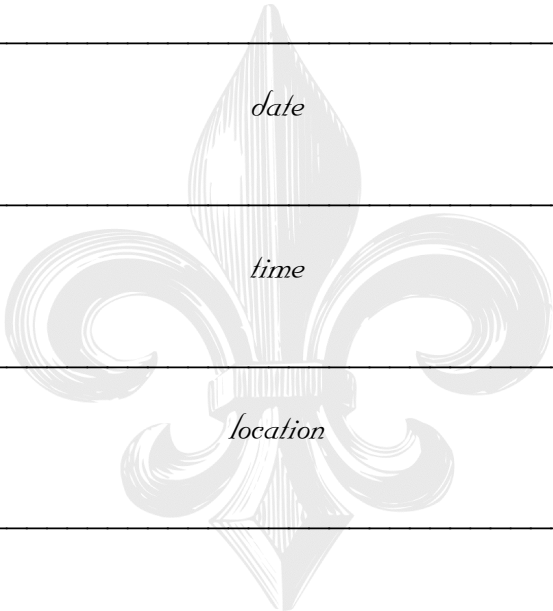
for the wedding of

to

date

time

location



Calendar Checklist

The following checklist is an “ideal” timetable. Couples who do not have as much time as shown should plan their wedding in much the same order, using the checklist as a guide. Be sure to check things off as they are completed.

Immediately After the Engagement:

- Discuss a budget and the size and style of the wedding with parents. Decide who pays for what.
- If using a wedding consultant, enlist their services.
- Meet with clergy member; schedule pre-marital counseling.
- Reserve wedding and reception sites; make initial catering contacts.
- Register at local bridal registries.
- Contact photographers; hire one.
- Check out videographers, hire one.
- Make arrangements for the music at the wedding and reception.
- Make all transportation arrangements to and from the wedding and the reception. Consider hiring a limousine, party bus, trolley or horse-drawn carriage.

Six Months or More Before:

- Compile the guest list.
- Reserve a block of hotel rooms for out-of-town guests.
- Choose wedding rings.
- Send engagement announcement to newspapers.
- Select and order wedding gown.
- Select the attendants (bridesmaids and groomsmen). Choose and order bridesmaids dresses.
- Select one usher for every 50 guests.
- Check out bakers. Get estimates. Book the date.
- Plan beauty preparations (nails, diet, hair, skin care and makeup).
- Complete all honeymoon plans. If traveling outside the country, check on visas, passports and inoculations.
- Sign up for dance lessons. Talk to the instructor about choreographing a special dance routine to “wow” the guests.

Four Months Before:

- Complete the guest list and confirm final details with the caterer.
- Visit the photographer again to discuss specifics. Use the "Photography Worksheet".
- Order invitations (25 extra) and personal stationery or "Thank You" notes.
- Get estimates and order flowers and floral arrangements for wedding and reception.
- Order napkins and purchase any other items needed for the ceremony and reception. Check with the caterer to see what he/she includes.
- Get estimates and order balloons, decorations and favors for wedding and reception.
- Book room for wedding night.

Three Months Before:

- Order wedding rings. Allow time for any final engraving.
- Order tuxedos for the groomsmen and fathers.

Two Months Before:

- Mail invitations (six weeks before the wedding; eight weeks to out-of-town guests).
- Buy a wedding gift for future spouse and gifts for attendants and helpers.
- Make appointments with the hairdresser for the bride and attendants or out-of-town guests.
- Finalize arrangements of accommodations for out-of-town attendants and guests.

One Month Before:

- Ready all accessories, shoes and lingerie for bridal gown.
- Have bridal portrait taken.
- Have final fitting for bridal gown and bridesmaids' dresses.
- Have groomsmen registered and measured at the formal wear store.
- Have beauty consultant do a trial run with bride's hair and makeup. Schedule this appointment on the day the bridal portrait is taken and/or a party is planned.
- Check with the newspapers on wedding announcement requirements.
- Finalize plans for rehearsal dinner.

Plan seating arrangements for the rehearsal dinner and reception.

Review this checklist to be sure nothing has been missed.

Complete change-of-address information for post-office.

Keep current with “Thank You” notes for shower and early wedding gifts.

Two Weeks Before :

Get the marriage license. Be sure to bring all needed documents.

Inform or send rehearsal invitations including exact time and location to those who will attend the rehearsal and rehearsal dinner.

Inquire about where bride, groom and attendants will dress for the ceremony.

Review all details. Walk through the entire event considering things like parking, access for handicapped guests, etc.

Confirm all transportation plans.

Check in with caterer, photographer, videographer, musicians, DJ, florist, etc. to confirm all arrangements.

“Break in” wedding shoes at home.

One Week Before :

Appoint someone to act as an “organizer” to handle any last minute problems.

Give a final guest count to the caterer.

Review final details for those in the wedding party.

Confirm honeymoon arrangements.

Pack for the honeymoon.

Enjoy a day with family and friends. Visit a day spa, have a massage, a facial and relax.

One Day Before :

Attend the rehearsal and rehearsal dinner and give gifts to attendants.

Give the rings and clergyman's fee to the best man.

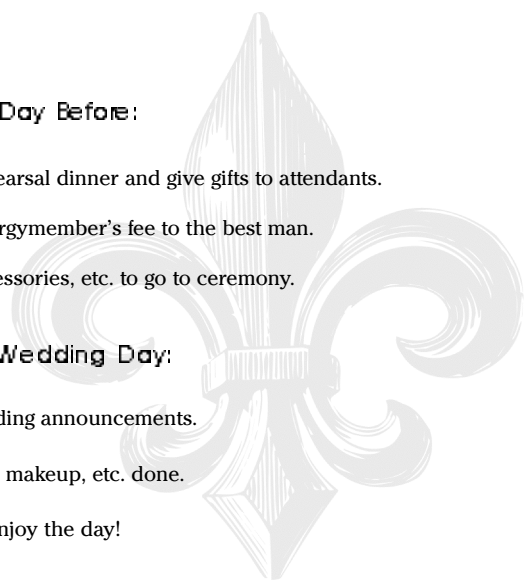
Organize gown, accessories, etc. to go to ceremony.

On The Wedding Day:

Mail wedding announcements.

Get hair, makeup, etc. done.

Enjoy the day!




Budget Expense Record


	Estimated	Actual
Bridal Gown	_____	_____
Headpiece	_____	_____
Accessories	_____	_____
Hair/Make-up	_____	_____
Groom's Tuxedo	_____	_____
Bride's Rings	_____	_____
Groom's Ring	_____	_____
Stationery (Total from Worksheet)	_____	_____
Photography	_____	_____
Videotaping	_____	_____
Ceremony Musicians	_____	_____
Reception Entertainment	_____	_____
Wedding Cake	_____	_____
Flowers (Total from Worksheet)	_____	_____
Aisle Runner	_____	_____
Candles	_____	_____
Favors	_____	_____
Add'l Ceremony Decorations	_____	_____
Add'l Reception Decorations	_____	_____
Ceremony Officiant	_____	_____
Rental Equipment	_____	_____
Wedding License	_____	_____
Food/Beverage Catering	_____	_____
Rehearsal Dinner	_____	_____
Reception Hall Rental	_____	_____
Transportation	_____	_____
Bride's Attendants Gifts	_____	_____
Groom's Attendants Gifts	_____	_____
Bride's Gift	_____	_____
Groom's Gift	_____	_____
Honeymoon	_____	_____
TOTALS	_____	_____



❁ *The Bride's Trousseau* ❁

Bridal Gown

Store: _____

Telephone: _____

Address: _____

Consultant: _____

Gown Description (Color, Fabric, Lace, Style, etc.): _____

Price: _____

Date Ordered: _____ Date Promised: _____

Fitting Appointments:

(Be sure to bring proper undergarments and shoes to fittings)

Bridal Accessories

Headpiece & Veil: _____ Price: _____

Bra / Bustier: _____ Price: _____

Teddy / Body Stocking: _____ Price: _____

Stockings / Pantyhose: _____ Price: _____

Garter: _____ Price: _____

Petticoat / Slip: _____ Price: _____

Shoes: _____ Price: _____

Jewelry: _____ Price: _____

Wrap / Cape: _____ Price: _____

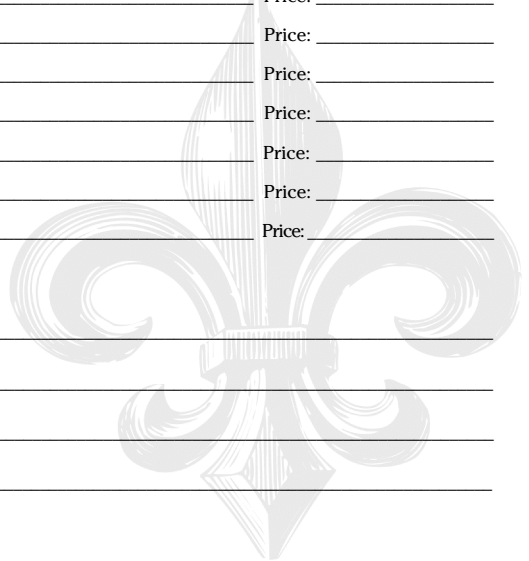
Other: _____ Price: _____

Something Old: _____

Something New: _____

Something Borrowed: _____

Something Blue: _____



 *The Attendants* 

The Maids

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Dresses (Store): _____

Telephone: _____

Address: _____

Consultant: _____

Gown Description (Color, Fabric, Style, etc.): _____

Price: _____

Date Ordered: _____ Date Promised: _____

Remind attendants they will need to make an appointment for fittings.

Advise them to bring proper undergarments and shoes to all fittings.

Shoes (Store): _____ Price: _____

Jewelry: _____ Price: _____

Undergarments: _____ Price: _____

Handbags: _____ Price: _____

Wrap: _____ Price: _____

Other: _____ Price: _____

The Groomsmen / Ushers

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Tuxedos (Store): _____

Telephone: _____

Address: _____

Consultant: _____

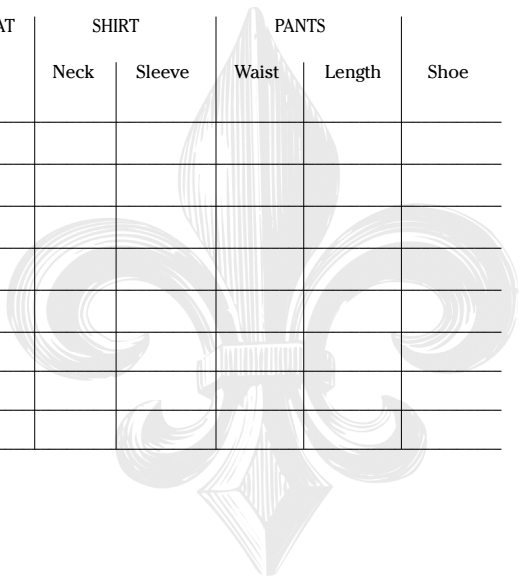
Description (Color, Designer, Style, etc.): _____



Price: _____ Date measurements needed by: _____

Pick-up Date: _____ Return Date: _____

Measurements:

Name	COAT	SHIRT		PANTS		Shoe
	Size	Neck	Sleeve	Waist	Length	



 *Pre-Wedding Details* 

Engagement & Wedding Rings

Jeweler: _____ Phone: _____

Address: _____

Salesperson: _____

Description of Ring(s): _____

Price: _____

Invitations & Stationery

Stationer: _____ Phone: _____

Address: _____

Salesperson: _____

Date Ordered: _____ Date Promised: _____

Manufacturer: _____ Style #: _____

Quantities and Prices (Be sure to order extra and order everything at once.)

	Quantity	Price
Wedding Invitations	_____	_____
Response Cards	_____	_____
Thank You Cards	_____	_____
Napkins/Matchbooks	_____	_____
Announcements	_____	_____
Programs	_____	_____
Other	_____	_____

Total Cost: _____

Gift Registry

The gift registry is the perfect opportunity for the bride and groom to set-up the household of their dreams. It is wise for the bridal couple to do this "wish-list" shopping trip together to be sure they choose items and styles both of them will enjoy for years to come. Of course, they should keep in mind they probably won't receive everything they want, but it is a good way to get started.

Traditionally when people think of registries, they think of items like fine china, flatware and crystal. While some couples may shy away from the idea, many couples are discovering the incredible array of choices available, everything from fancy to contemporary or everyday casual. Today long-standing manufacturers have included lines that are dishwasher and microwave safe making china an ideal choice for everyday use. The registry is also the perfect time to begin the couples china, flatware or crystal collection, since these items, though desired, are often not purchased by the newlyweds themselves.

Other items to consider registering for include general housewares, linens and even electronics or sporting goods, depending on the couples interests and activities.

The following worksheets can be used to provide ideas of items to register for and to organize plans for the gift list. Once completed a call to set an appointment with the store's registry department is recommended. Then take these forms to the stores of choice and enjoy "shopping"!

Stores Where Gifts are Registered

Store: _____

Address: _____

Registrar: _____

Telephone: _____ Website: _____

Store: _____

Address: _____

Registrar: _____

Telephone: _____ Website: _____

Store: _____

Address: _____

Registrar: _____

Telephone: _____ Website: _____

Store: _____

Address: _____

Registrar: _____

Telephone: _____ Website: _____

Dining / Serving

Formal Color Scheme: _____

Formal Dinnerware Manufacturer/Pattern: _____

Formal Glassware Manufacturer/Pattern: _____

Formal Flatware Manufacturer/Pattern: _____

Casual Color Scheme: _____

Casual Dinnerware Manufacturer/Pattern: _____

Casual Glassware Manufacturer/Pattern: _____

Casual Flatware Manufacturer/Pattern: _____

Table Size: _____ Tablecloths Placemats Cloth Napkins

- | | | | |
|---|--|---|--|
| <input type="checkbox"/> Ice Bucket | <input type="checkbox"/> Pitcher | <input type="checkbox"/> Wine Rack | <input type="checkbox"/> Decanter |
| <input type="checkbox"/> Punch Bowl Set | <input type="checkbox"/> Coasters | <input type="checkbox"/> Corkscrew/Opener | <input type="checkbox"/> Quiche Dish |
| <input type="checkbox"/> Serving Bowl | <input type="checkbox"/> Serving Platter | <input type="checkbox"/> Covered Casserole | <input type="checkbox"/> Soufflé Dish |
| <input type="checkbox"/> Chafing Dish | <input type="checkbox"/> Soup Tureen | <input type="checkbox"/> Gravy/Sauce Boat | <input type="checkbox"/> Bread Tray |
| <input type="checkbox"/> Serving Tray | <input type="checkbox"/> Tea Service | <input type="checkbox"/> Coffee Service | <input type="checkbox"/> Cream/Sugar |
| <input type="checkbox"/> Cake Plate | <input type="checkbox"/> Torte Plate | <input type="checkbox"/> Dessert Dishes (set) | <input type="checkbox"/> Compote |
| <input type="checkbox"/> Salt/Pepper | <input type="checkbox"/> Trivet | <input type="checkbox"/> Cheese Board | <input type="checkbox"/> Candle Sticks |
| <input type="checkbox"/> Candle Snuffer | <input type="checkbox"/> Napkin Rings | <input type="checkbox"/> Salad Bowl | <input type="checkbox"/> Nut Dish |
| <input type="checkbox"/> Other: _____ | | <input type="checkbox"/> Other: _____ | |

In the Kitchen

Color Scheme: _____ Table Size: _____

- | | | | |
|---|---------------------------------------|---|---|
| <input type="checkbox"/> Toaster | <input type="checkbox"/> Toaster Oven | <input type="checkbox"/> Coffee Maker | <input type="checkbox"/> Coffee Grinder |
| <input type="checkbox"/> Food Processor | <input type="checkbox"/> Blender | <input type="checkbox"/> Stand Mixer | <input type="checkbox"/> Hand Mixer |
| <input type="checkbox"/> Deep Fryer | <input type="checkbox"/> Slow Cooker | <input type="checkbox"/> Electric Skillet | <input type="checkbox"/> Steamer |
| <input type="checkbox"/> Wok/Utensils | <input type="checkbox"/> Can Opener | <input type="checkbox"/> Juicer | <input type="checkbox"/> Microwave Oven |
| <input type="checkbox"/> Skillet | <input type="checkbox"/> Saucepan | <input type="checkbox"/> Ice Cream Maker | <input type="checkbox"/> Stock Pot |
| <input type="checkbox"/> Tea Kettle | <input type="checkbox"/> Dutch Oven | <input type="checkbox"/> Roasting Pan | <input type="checkbox"/> Bakeware |
| <input type="checkbox"/> Bread Machine | <input type="checkbox"/> Baking Dish | <input type="checkbox"/> Mixing Bowls | <input type="checkbox"/> Measuring Set |
| <input type="checkbox"/> Cutlery Set | <input type="checkbox"/> Utensil Set | <input type="checkbox"/> Cookbook | <input type="checkbox"/> Wire Racks |
| <input type="checkbox"/> Oven Mitts | <input type="checkbox"/> Dish Towels | <input type="checkbox"/> Placemats | <input type="checkbox"/> Tablecloths |
| <input type="checkbox"/> Other: _____ | | <input type="checkbox"/> Other: _____ | |

 *The Rehearsal* 

At the Ceremony Site

Rehearsal Date: _____ Time: _____

The Rehearsal Dinner

Site: _____

Address: _____

Phone: _____ Contact: _____

Date: _____ Time: _____

Menu: _____

Price: _____

Rehearsal & Rehearsal Dinner Guest List

Invite Sent	Guest Name	Invite Sent	Guest Name
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____



 *Wedding Day Details* 

Beauty

Salon: _____

Telephone: _____

Address: _____

Stylist: _____

Appointments: 1) _____

2) _____

3) _____

4) _____

The Cake

Bakery: _____

Telephone: _____

Address: _____

Salesperson: _____

Date Ordered: _____ Date/Time Promised: _____

Price: _____

Delivery Information: _____

Transportation

Company Name: _____

Telephone: _____ Salesperson: _____

Type/Description (Carriage, Limo, etc.) _____

Pickup Date: _____ Time: _____

Length of Rental Time: _____ Capacity: _____

Cost: _____ Additional Time Charge: _____

(Remember to allow time for after the ceremony activities such as photographs,
the receiving line, etc., when scheduling your transportation time.)

Music

Ceremony Musicians: 1) _____

Telephone: _____ Price: _____

Ceremony Musicians: 2) _____

Telephone: _____ Price: _____

Musical Selections:

Processional: _____

Ceremony: _____

Recessional: _____

Reception Entertainers: 1) _____

Telephone: _____ Price: _____

Reception Entertainers: 2) _____

Telephone: _____ Price: _____

Musical Selections:

Bride & Groom's First Dance: _____

Wedding Party Dance: _____

Couple / Parent's Dance: _____

Other Requests: _____

Photography

Studio Name: _____

Telephone: _____

Address: _____

Photographer's Name: _____

Price: _____

After marking your selections from the list below, make a copy of this checklist and take it to the photographer to discuss the photography plans. Be sure to specify which shots are posed, candid, in color or black & white.

Before the Ceremony

- | | |
|--|---|
| <input type="checkbox"/> Bride alone (in wedding gown) | <input type="checkbox"/> Groom with his mother |
| <input type="checkbox"/> Bride with her mother | <input type="checkbox"/> Groom with his father |
| <input type="checkbox"/> Bride with her father | <input type="checkbox"/> Groom with both parents |
| <input type="checkbox"/> Bride with both parents | <input type="checkbox"/> Groom with best man |
| <input type="checkbox"/> Bride with maid/matron of honor | <input type="checkbox"/> Groom with groomsmen |
| <input type="checkbox"/> Bride with bridesmaids | <input type="checkbox"/> Groomsmen getting boutonnieres |
| <input type="checkbox"/> Bride fixing make-up/hair | <input type="checkbox"/> Parents receiving flowers |
| <input type="checkbox"/> Attendants receiving flowers | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Groom alone (in tuxedo) | <input type="checkbox"/> Other _____ |

At the Ceremony

- | | |
|---|---|
| <input type="checkbox"/> Guests outside of church | <input type="checkbox"/> Bride and groom saying vows |
| <input type="checkbox"/> Ushers escorting guests to seats | <input type="checkbox"/> Ring ceremony |
| <input type="checkbox"/> Bride's mother being seated | <input type="checkbox"/> Flower girl and ringbearer |
| <input type="checkbox"/> Groom's family being seated | <input type="checkbox"/> The kiss |
| <input type="checkbox"/> Bride and father entering church | <input type="checkbox"/> Bride and groom coming up aisle |
| <input type="checkbox"/> Groom and groomsmen at altar | <input type="checkbox"/> Bride and groom leaving church |
| <input type="checkbox"/> Attendants coming down aisle | <input type="checkbox"/> Bride and groom getting into car |
| <input type="checkbox"/> Bride and father coming down aisle | <input type="checkbox"/> Bride and groom in decorated car |
| <input type="checkbox"/> Giving-away ceremony | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Altar during ceremony | <input type="checkbox"/> Other _____ |

Before the Reception

- | | |
|--|--|
| <input type="checkbox"/> Bride and groom's hands | <input type="checkbox"/> Bride and groom with wedding party |
| <input type="checkbox"/> Bridesmaids looking at bride's ring | <input type="checkbox"/> Bride and groom with all parents |
| <input type="checkbox"/> Bride and groom | <input type="checkbox"/> Bride and groom with bride's family |
| <input type="checkbox"/> Bride with her parents | <input type="checkbox"/> Bride and groom with groom's family |
| <input type="checkbox"/> Bride and groom with honor attendants | <input type="checkbox"/> Bride and groom looking at each other |
| <input type="checkbox"/> Bride with bridesmaids | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Groom with groomsmen | <input type="checkbox"/> Other _____ |

At the Reception

- | | |
|---|--|
| <input type="checkbox"/> Bride and groom arriving | <input type="checkbox"/> Bride and groom talking with guests |
| <input type="checkbox"/> Bride and groom going into reception | <input type="checkbox"/> Bride and groom cutting the cake |
| <input type="checkbox"/> Receiving line | <input type="checkbox"/> Bride and groom feeding cake |
| <input type="checkbox"/> Bride and groom in receiving line | <input type="checkbox"/> Bride and groom toasting |
| <input type="checkbox"/> Parents in receiving line | <input type="checkbox"/> Bride throwing bouquet |
| <input type="checkbox"/> Buffet table | <input type="checkbox"/> Groom removing bride's garter |
| <input type="checkbox"/> Cake | <input type="checkbox"/> Groom throwing garter |
| <input type="checkbox"/> Friends serving punch | <input type="checkbox"/> Bride and groom dancing |
| <input type="checkbox"/> Bride and groom seated at table | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Bride dancing with her father | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Groom dancing with his mother | <input type="checkbox"/> Other _____ |

Notes for the Photographer (Capture these moments / special people etc.): _____

Videography

Studio Name: _____

Telephone: _____

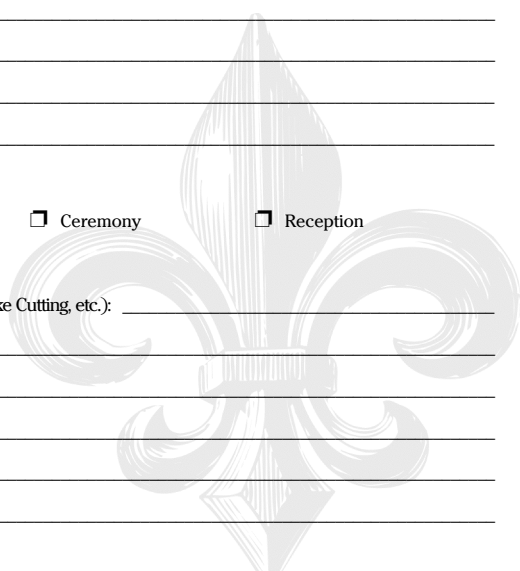
Address: _____

Videographer's Name: _____

Price: _____

- Rehearsal Pre-Ceremony Ceremony Reception

Videotape these Moments (ie., Bride & Groom's Dance, Cake Cutting, etc.): _____




The Decor


Flowers

Florist: _____

Telephone: _____

Address: _____

Salesperson: _____ Date: _____

Delivery Date / Time / Place: _____

Description (Bouquet Style, Colors, Flower Types): _____

	Quantity	Unit Cost	Total Price
Bridal Bouquet	_____	_____	_____
Floral Headpiece	_____	_____	_____
Honor Attendant Bouquet	_____	_____	_____
Bridesmaid Bouquet	_____	_____	_____
Flower Girl Bouquet	_____	_____	_____
Floral Headpieces	_____	_____	_____
Boutonnieres	_____	_____	_____
Corsages	_____	_____	_____
Altar Pieces	_____	_____	_____
Aisle & Pew Decorations	_____	_____	_____
Foliage	_____	_____	_____
Rentals	_____	_____	_____
Cake Top	_____	_____	_____
Cake Table	_____	_____	_____
Reception Centerpiece(s)	_____	_____	_____
Rehearsal Dinner Centerpiece(s)	_____	_____	_____
Other:	_____	_____	_____
Total Cost:			_____

Balloons/Decorations

Decorator: _____

Salesperson: _____ Telephone: _____

Address: _____

Delivery Date / Time / Place: _____

Description (Colors, Style, Shape): _____

Price: _____

Rentals

Store: 1) _____ Telephone: _____

Address: _____ Salesperson: _____

Items to Reserve for Ceremony / Reception: _____

Pickup/Delivery Date: _____ Time: _____

Return Date: _____ Time: _____

Deposit: _____ Cost: _____

Store: 2) _____ Telephone: _____

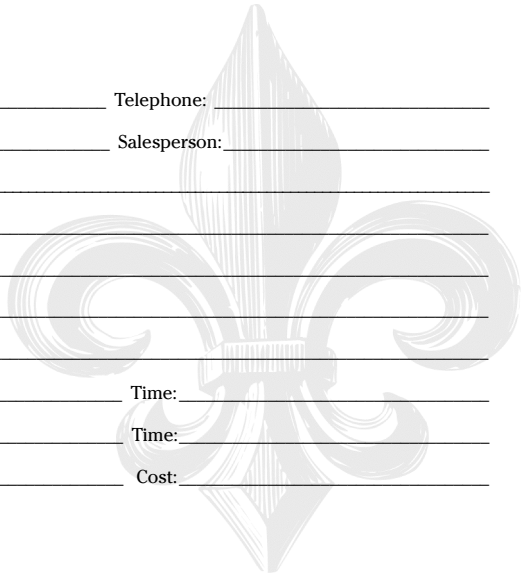
Address: _____ Salesperson: _____

Items to Reserve for Ceremony / Reception: _____

Pickup/Delivery Date: _____ Time: _____

Return Date: _____ Time: _____

Deposit: _____ Cost: _____



 *The Wedding Day* 

Ceremony Site

Site: _____

Address: _____

Phone: _____ Contact: _____

Officiant: _____

Date: _____

Ceremony Time: _____

Arrival Time: _____

Premarital Counseling Dates & Times: 1) _____

2) _____

3) _____

4) _____

The Reception

Site: _____

Address: _____

Phone: _____ Contact: _____

Date: _____ Time: _____

Price: _____

Caterer: _____

Menu: _____

Beverages: _____

Caterer will also provide: _____

Price: _____

 *The Honeymoon* 

Travel Agency: _____

Address: _____

Phone: _____ Contact: _____

Destination: _____

Departure Date: _____

Return Date: _____

Travel Notes: _____

Packing List:

HER Casual Outfit (s) (shirts, pants, shorts, shoes) _____

HIS Casual Outfit (s) (shirts, pants, shorts, shoes) _____

HER Formal Outfit (s) (dress, shoes) _____

HIS Formal Outfit (s) (shirts, pants, shoes) _____

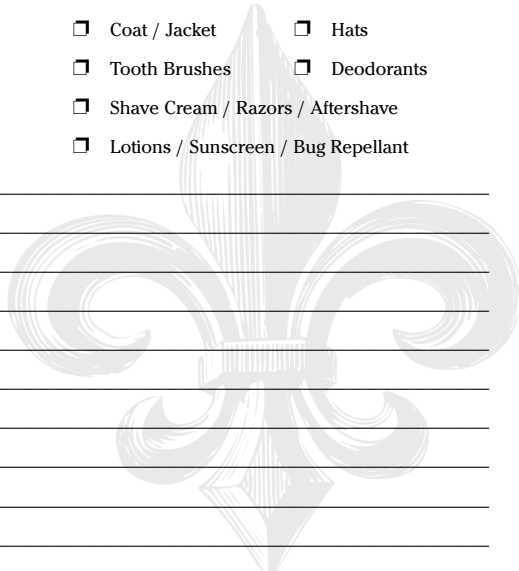
HER Underwear Hosiery / Socks Bras HIS Underwear

Sleepwear Swimwear Coat / Jacket Hats

Make-up / Skin Care Toothpaste Tooth Brushes Deodorants

Hair Brushes / Combs / Barettes, etc. Shave Cream / Razors / Aftershave

Shampoo / Conditioners / Other Hair Care Lotions / Sunscreen / Bug Repellant



✻ Marriage ✻

After Every Wedding Comes a Marriage

by Florence Littauer

If any of us thought we were going to get divorced, we would not bother to get married. If we didn't plan on a long-range relationship, we wouldn't invest money in homes, furniture, dishes, crystal and silver. Yet statistics show that 50% of those getting married will end up divorced, suffering through the separation of themselves, their children and their possessions. Why does this happen and how can you prevent a similar fate in your marriage?

In the 20 years that Fred and I have been counseling people with marriage problems, we have developed some principles that may make a major change in your perspective.

We fall in love with opposite personalities. Although we seek companionship and compatibility, we usually choose to marry someone who is nothing like us.

We subconsciously select a person who fills in our weak areas, and when we do, the two of us fit together and become one. The one who loves to talk marries one who likes to listen. The one who likes to lead marries one who is willing to follow. Optimists marry pessimists, extroverts marry introverts.

We focus on our mates weaknesses. Once we come home from the honeymoon we begin to notice faults in the other person. She doesn't keep the house in perfect order or cook like mother. He's constantly giving instructions and isn't loving like father. We find that marriage isn't what we thought it would be, and that we don't agree on much of anything.

We decide to make our partner over. Once we realize we've married a person with totally different standards and opinions, we begin to remake our mate in our image. If only we could turn the person we have into what we'd like him to be, we could be happy. We want the fun-loving one to get serious and organized, the deep thoughtful one to lighten up, the aggressive worker to slow down, and the easy going one to speed up. We set about to change what we have into a new model.

We get discouraged. When we discover that our mate is resistant to change and doesn't get excited over our "partner-improvement program," we get discouraged and wonder if perhaps we've married the wrong person.

We need help. Fred and I, without knowing what we were doing, fell into this negative pattern. We thought being in love was enough and we spent no time looking ahead to possible problems. We had such a fantastic wedding that it was featured in LIFE, May 18, 1953, but neither of us realized that after every wedding comes a marriage. When we got home from the honeymoon Fred announced, "Now I'm going to put you on your training program." I was shocked to find that he didn't like me as I was but only as he hoped I might become. He showed me that I didn't walk or talk right and that I didn't even preheat the dinner plates. He tried to make me over. I resisted the transformation, and we both became discouraged.

After 15 years of a declining marriage, we discovered the concept of the "4 Basic Temperaments," and for the first time, had a tool to use in examining ourselves and accepting each other. We found help.

We can appreciate each others differences. Once I saw that I had been created as a Sanguine, an outgoing, fun-loving optimist, and that Fred was born a Melancholy, a deep, thoughtful, introspective introvert, I could understand that we had been attracted to each other's opposite strengths and discouraged by each others opposite weaknesses. Once we found out that we were naturally different and that one of us wasn't

out to get the other, we began to accept each other as we were.

We can become one. Look over the following chart together and check off what characterizes you. Discuss your differences before getting married and realize that there is no perfect person. With every set of strengths come accompanying weaknesses, but when you two focus on your assets, you will fill each other's empty spaces.

SANGUINE: The Popular Person, The Born-entertainer, Likes parties, people and fun, Loves to talk, Wants to create excitement, Entertains everyone, Gets prize for best personality, Needs attention and approval, Has little organization or follow through, Gets Depressed when life's not fun, Controls by charm.

CHOLERIC: The Powerful Person, The Born-leader, Likes action and progress, Loves to work, Wants to motivate others, Directs everyone, Gets prize for most accomplishments, Needs obedience and appreciation, Has little tolerance for incompetence, Gets depressed when losing control, Controls by force.

PHLEGMATIC: The Peaceful Person, The Born-follower, Likes harmony and rest, Loves to relax, Wants to calm people down, Gets along with everyone, Gets prize for best liked, Needs peace and sense of worth, Has little self-motivation, Gets depressed over conflict, Controls by procrastination.

MELANCHOLY: The Perfect Person, The Born-thinker, Likes solitude and silence, Loves to plan, Wants to analyze everything, Sets standards for everyone, Gets prize for most intelligent, Needs support and sensitivity, Has little need for sociability, Gets depressed over imperfection, Controls by moods, Pessimistic, Introverted, Soft-Spoken, Drained by people.

Florence and Fred Littauer travel constantly and speak on marriage and personal relationships. Florence has written 15 books. For further study on the subject of understanding others, read, "After Every Wedding Comes A Marriage", "Personality Plus", or "Your Personality Tree".

Discovering your personality type can be an enlightening experience and an excellent way to improve marriage communication. Based on the knowledge of your spouse's strengths and weaknesses, your communication will become more meaningful, your understanding and acceptance of your spouse more complete. The following test will help you establish which temperament you are, sanguine, phlegmatic, melancholy, or choleric, as well as point out the characteristics of each type.



Personality Profile

DIRECTIONS: In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines. Be sure each number is marked. If you are not sure of which word "most applies", ask your fiance, spouse or friend. Now transfer all your X's to the corresponding words on the following pages and add up your totals.

- | | | | | |
|----|---|--|---|---|
| 1 | <input type="checkbox"/> Adventurous | <input type="checkbox"/> Adaptable | <input type="checkbox"/> Animated | <input type="checkbox"/> Analytical |
| 2 | <input type="checkbox"/> Persistent | <input type="checkbox"/> Playful | <input type="checkbox"/> Persuasive | <input type="checkbox"/> Peaceful |
| 3 | <input type="checkbox"/> Submissive | <input type="checkbox"/> Self-sacrificing | <input type="checkbox"/> Sociable | <input type="checkbox"/> Strong-willed |
| 4 | <input type="checkbox"/> Considerate | <input type="checkbox"/> Controlled | <input type="checkbox"/> Competitive | <input type="checkbox"/> Convincing |
| 5 | <input type="checkbox"/> Refreshing | <input type="checkbox"/> Respectful | <input type="checkbox"/> Reserved | <input type="checkbox"/> Resourceful |
| 6 | <input type="checkbox"/> Satisfied | <input type="checkbox"/> Sensitive | <input type="checkbox"/> Self-reliant | <input type="checkbox"/> Spirited |
| 7 | <input type="checkbox"/> Planner | <input type="checkbox"/> Patient | <input type="checkbox"/> Positive | <input type="checkbox"/> Promoter |
| 8 | <input type="checkbox"/> Sure | <input type="checkbox"/> Spontaneous | <input type="checkbox"/> Scheduled | <input type="checkbox"/> Shy |
| 9 | <input type="checkbox"/> Orderly | <input type="checkbox"/> Obliging | <input type="checkbox"/> Outspoken | <input type="checkbox"/> Optimistic |
| 10 | <input type="checkbox"/> Friendly | <input type="checkbox"/> Faithful | <input type="checkbox"/> Funny | <input type="checkbox"/> Forceful |
| 11 | <input type="checkbox"/> Daring | <input type="checkbox"/> Delightful | <input type="checkbox"/> Diplomatic | <input type="checkbox"/> Detailed |
| 12 | <input type="checkbox"/> Cheerful | <input type="checkbox"/> Consistent | <input type="checkbox"/> Cultured | <input type="checkbox"/> Confident |
| 13 | <input type="checkbox"/> Idealistic | <input type="checkbox"/> Independent | <input type="checkbox"/> Inoffensive | <input type="checkbox"/> Inspiring |
| 14 | <input type="checkbox"/> Demonstrative | <input type="checkbox"/> Decisive | <input type="checkbox"/> Dry Humor | <input type="checkbox"/> Deep |
| 15 | <input type="checkbox"/> Mediator | <input type="checkbox"/> Musical | <input type="checkbox"/> Mover | <input type="checkbox"/> Mixes Easily |
| 16 | <input type="checkbox"/> Thoughtful | <input type="checkbox"/> Tenacious | <input type="checkbox"/> Talker | <input type="checkbox"/> Tolerant |
| 17 | <input type="checkbox"/> Listener | <input type="checkbox"/> Loyal | <input type="checkbox"/> Leader | <input type="checkbox"/> Lively |
| 18 | <input type="checkbox"/> Contented | <input type="checkbox"/> Chief | <input type="checkbox"/> Chartmaker | <input type="checkbox"/> Cute |
| 19 | <input type="checkbox"/> Perfectionist | <input type="checkbox"/> Pleasant | <input type="checkbox"/> Productive | <input type="checkbox"/> Popular |
| 20 | <input type="checkbox"/> Bouncy | <input type="checkbox"/> Bold | <input type="checkbox"/> Behaved | <input type="checkbox"/> Balanced |
| 21 | <input type="checkbox"/> Blank | <input type="checkbox"/> Bashful | <input type="checkbox"/> Brassy | <input type="checkbox"/> Bossy |
| 22 | <input type="checkbox"/> Undisciplined | <input type="checkbox"/> Unsympathetic | <input type="checkbox"/> Unenthusiastic | <input type="checkbox"/> Unforgiving |
| 23 | <input type="checkbox"/> Reticent | <input type="checkbox"/> Resentful | <input type="checkbox"/> Resistant | <input type="checkbox"/> Repetitious |
| 24 | <input type="checkbox"/> Fussy | <input type="checkbox"/> Fearful | <input type="checkbox"/> Forgetful | <input type="checkbox"/> Frank |
| 25 | <input type="checkbox"/> Impatient | <input type="checkbox"/> Insecure | <input type="checkbox"/> Indecisive | <input type="checkbox"/> Interrupts |
| 26 | <input type="checkbox"/> Unpopular | <input type="checkbox"/> Uninvolved | <input type="checkbox"/> Unpredictable | <input type="checkbox"/> Unaffectionate |
| 27 | <input type="checkbox"/> Headstrong | <input type="checkbox"/> Haphazard | <input type="checkbox"/> Hard to Please | <input type="checkbox"/> Hesitant |
| 28 | <input type="checkbox"/> Plain | <input type="checkbox"/> Pessimistic | <input type="checkbox"/> Proud | <input type="checkbox"/> Permissive |
| 29 | <input type="checkbox"/> Angered Easily | <input type="checkbox"/> Aimless | <input type="checkbox"/> Argumentative | <input type="checkbox"/> Alienated |
| 30 | <input type="checkbox"/> Naive | <input type="checkbox"/> Negative Attitude | <input type="checkbox"/> Nervy | <input type="checkbox"/> Nonchalant |
| 31 | <input type="checkbox"/> Worrier | <input type="checkbox"/> Withdrawn | <input type="checkbox"/> Workaholic | <input type="checkbox"/> Wants Credit |
| 32 | <input type="checkbox"/> Too Sensitive | <input type="checkbox"/> Tactless | <input type="checkbox"/> Timid | <input type="checkbox"/> Talkative |
| 33 | <input type="checkbox"/> Doubtful | <input type="checkbox"/> Disorganized | <input type="checkbox"/> Domineering | <input type="checkbox"/> Depressed |
| 34 | <input type="checkbox"/> Inconsistent | <input type="checkbox"/> Introvert | <input type="checkbox"/> Intolerant | <input type="checkbox"/> Indifferent |
| 35 | <input type="checkbox"/> Messy | <input type="checkbox"/> Moody | <input type="checkbox"/> Mumbles | <input type="checkbox"/> Manipulative |
| 36 | <input type="checkbox"/> Slow | <input type="checkbox"/> Stubborn | <input type="checkbox"/> Show-off | <input type="checkbox"/> Skeptical |
| 37 | <input type="checkbox"/> Loner | <input type="checkbox"/> Lord-over-others | <input type="checkbox"/> Lazy | <input type="checkbox"/> Loud |
| 38 | <input type="checkbox"/> Sluggish | <input type="checkbox"/> Suspicious | <input type="checkbox"/> Short-tempered | <input type="checkbox"/> Scatterbrained |
| 39 | <input type="checkbox"/> Revengeful | <input type="checkbox"/> Restless | <input type="checkbox"/> Reluctant | <input type="checkbox"/> Rash |
| 40 | <input type="checkbox"/> Compromising | <input type="checkbox"/> Critical | <input type="checkbox"/> Crafty | <input type="checkbox"/> Changeable |

Personality Scoring Sheet

Strengths

	SANGUINE POPULAR	CHOLERIC POWERFUL	MELANCHOLY PERFECT	PHLEGMATIC PEACEFUL
1	___ Animated	___ Adventurous	___ Analytical	___ Adaptable
2	___ Playful	___ Persuasive	___ Persistent	___ Peaceful
3	___ Sociable	___ Strong-willed	___ Self-sacrificing	___ Submissive
4	___ Convincing	___ Competitive	___ Considerate	___ Controlled
5	___ Refreshing	___ Resourceful	___ Respectful	___ Reserved
6	___ Spirited	___ Self-reliant	___ Sensitive	___ Satisfied
7	___ Promoter	___ Positive	___ Planner	___ Patient
8	___ Spontaneous	___ Sure	___ Scheduled	___ Shy
9	___ Optimistic	___ Outspoken	___ Orderly	___ Obliging
10	___ Funny	___ Forceful	___ Faithful	___ Friendly
11	___ Delightful	___ Daring	___ Detailed	___ Diplomatic
12	___ Cheerful	___ Confident	___ Cultured	___ Consistent
13	___ Inspiring	___ Independent	___ Idealistic	___ Inoffensive
14	___ Demonstrative	___ Decisive	___ Deep	___ Dry Humor
15	___ Mixes Easily	___ Mover	___ Musical	___ Mediator
16	___ Talker	___ Tenacious	___ Thoughtful	___ Tolerant
17	___ Lively	___ Leader	___ Loyal	___ Listener
18	___ Cute	___ Chief	___ Chartmaker	___ Contented
19	___ Popular	___ Productive	___ Perfectionist	___ Pleasant
20	___ Bouncy	___ Bold	___ Behaved	___ Balanced
	___ TOTALS	___ TOTALS	___ TOTALS	___ TOTALS

Weaknesses

SANGUINE POPULAR	CHOLERIC POWERFUL	MELANCHOLY PERFECT	PHLEGMATIC PEACEFUL
21 ___ Brassy	___ Bossy	___ Bashful	___ Blank
22 ___ Undisciplined	___ Unsympathetic	___ Unforgiving	___ Unenthusiastic
23 ___ Repetitious	___ Resistant	___ Resentful	___ Reticent
24 ___ Forgetful	___ Frank	___ Fussy	___ Fearful
25 ___ Interrupts	___ Impatient	___ Insecure	___ Indecisive
26 ___ Unpredictable	___ Unaffectionate	___ Unpopular	___ Uninvolved
27 ___ Haphazard	___ Headstrong	___ Hard-to-please	___ Hesitant
28 ___ Permissive	___ Proud	___ Pessimistic	___ Plain
29 ___ Angered Easily	___ Argumentative	___ Alienated	___ Aimless
30 ___ Naive	___ Nervy	___ Negative Attitude	___ Nonchalant
31 ___ Wants Credit	___ Workaholic	___ Withdrawn	___ Worrier
32 ___ Talkative	___ Tactless	___ Too Sensitive	___ Timid
33 ___ Disorganized	___ Domineering	___ Depressed	___ Doubtful
34 ___ Inconsistent	___ Intolerant	___ Introvert	___ Indifferent
35 ___ Messy	___ Manipulative	___ Moody	___ Mumbles
36 ___ Show-off	___ Stubborn	___ Skeptical	___ Slow
37 ___ Loud	___ Lord-over-others	___ Loner	___ Lazy
38 ___ Scatterbrained	___ Short Tempered	___ Suspicious	___ Sluggish
39 ___ Restless	___ Rash	___ Revengeful	___ Reluctant
40 ___ Changeable	___ Crafty	___ Critical	___ Compromising
___ TOTALS	___ TOTALS	___ TOTALS	___ TOTALS

COMBINED TOTALS:

Personality Meanings

Strengths

SANGUINE-POPULAR

EMOTIONS

Appealing Personality
 Talkative, Storyteller
 Life of the Party
 Lives in the Present
 Memory for Color
 Physically Holds On to Listener
 Emotional and Demonstrative
 Enthusiastic and Expressive
 Cheerful and Bubbling Over
 Curious
 Sincere at Heart
 Good On Stage
 Always a Child
 Wide-eyed and Innocent
 Changeable Disposition

WORK

Volunteers for Jobs
 Thinks Up New Activities
 Looks Great on the Surface
 Creative and Colorful
 Has Energy and Enthusiasm
 Starts in a Flashy Way
 Inspires Others to Join
 Charms Others to Work

FRIENDS

Makes Friends Easily
 Seems Exciting
 Loves People
 Envied by Others
 Thrives on Compliments
 Doesn't Hold Grudges
 Apologizes Quickly
 Prevents Dull Moments
 Likes Spontaneous Activities

CHOLERIC-POWERFUL

EMOTIONS

Born Leader
 Dynamic and Active
 Compulsive Need of Change
 Must Correct Wrongs
 Strong-willed and Decisive
 Unemotional
 Not Easily Discouraged
 Independent and Self-Sufficient
 Exudes Confidence
 Can Run Anything

WORK

Goal Orientated
 Sees the Whole Picture
 Organizes Well
 Seeks Practical Solutions
 Moves Quickly to Action
 Delegates Work
 Insists on Production
 Makes the Goal
 Stimulates Activity
 Thrives on Opposition

FRIENDS

Has Little Need for Friends
 Will Work for Group Activity
 Will Lead and Organize
 Is Usually Right
 Excels in Emergencies

MELANCHOLY-PERFECT

EMOTIONS

Deep and Thoughtful
 Analytical
 Serious and Purposeful
 Genius Prone
 Talented and Creative
 Artistic or Musical
 Philosophical and Poetic
 Appreciative of Beauty
 Sensitive to Others
 Self-sacrificing
 Idealistic

WORK

Schedule Orientated
 Perfectionist, High Standards
 Detail Conscious
 Persistent and Thorough
 Orderly and Organized
 Neat and Tidy
 Economical
 Sees the Problem
 Finds Creative Solutions
 Needs to Finish What He/She Starts
 Likes Charts, Graphs, Figures, Lists

FRIENDS

Makes Friends Cautiously
 Content to Stay in Background
 Avoids Causing Attention
 Faithful and Devoted
 Will Listen to Complaints
 Can Solve Others Problems
 Deep Concern for Other People
 Tears up with Compassion
 Seeks Ideal Mate

PHLEGMATIC-PEACEFUL

EMOTIONS

Low-key Personality
 Easygoing and Relaxed
 Calm, Cool and Collected
 Patient, Well Balanced
 Consistent Life
 Quiet, but Witty
 Sympathetic and Kind
 Keeps Emotions Hidden
 Happily Reconciled to Life
 All-purpose Person

WORK

Competent and Steady
 Peaceful and Agreeable
 Has Administrative Ability
 Mediates Problems
 Avoids Conflicts
 Good Under Pressure
 Finds the Easy Way

FRIENDS

Easy to Get Along With
 Pleasant and Enjoyable
 Inoffensive
 Good Listener
 Dry Sense of Humor
 Enjoys Watching People
 Has Many Friends
 Has Compassion and Concern

Weaknesses

SANGUINE-POPULAR

EMOTIONS

Compulsive Talker
Exaggerates and Elaborates
Dwells on Trivia
Can't Remember Names
Scares Others Off
Never Grows Up
Too Happy For Some
Has Restless Energy
Egotistical
Seems Phony to Some
Blusters and Complains
Naive, Gets Taken In
Has Loud Voice and Laugh
Controlled by Circumstances

WORK

Would Rather Talk
Forgets Obligation
Doesn't Follow Through
Confidence Fades Fast
Undisciplined
Priorities Out of Order
Decides by Feelings
Easily Distracted
Wastes Time Talking

FRIENDS

Hates to be Alone
Needs to be Center Stage
Wants to be Popular
Looks for Credit
Dominates Conversations
Interrupts and Doesn't Listen
Answers for Others
Fickle and Forgetful
Makes Excuses
Repeats Stories

CHOLERIC-POWERFUL

EMOTIONS

Bossy
Impatient
Quick-tempered
Can't Relax
Too Impetuous
Enjoys Controversy and Arguments
Won't Give Up when Losing
Comes On to Strong
Inflexible
Is Not Complimentary
Dislikes Tears and Emotions
Is Unsympathetic

WORK

Little Tolerance for Mistakes
Doesn't Analyze Details
Bored by Trivia
May Make Rash Decisions
May be Rude or Tactless
Manipulates People
Demanding of Others
End Justifies the Means
Work May Become His God
Demands Loyalty in the Ranks

FRIENDS

Tends to Use People
Dominates Others
Decides for Others
Knows Everything
Can Do Everything Better
Is Too Independent
Possessive of Friends and Mate
Can't Say "I'm Sorry"
May be Right, but Unpopular

MELANCHOLY-PERFECT

EMOTIONS

Remembers the Negatives
Moody and Depressed
Enjoys Being Hurt
Self-centered
Has False Humility
Too Introspective
Low Self Image
Has Selective Hearing
Persecution Complex
Tends to Hypochondria
Off in Another World
Guilt Feelings

WORK

Not People Orientated
Depressed Over Imperfections
Chooses Difficult Work
Hesitant to Start Projects
Spends Too Much Time Planning
Prefers Analysis to Work
Self-deprecating
Hard to Please
Standards Often Too High
Deep Need for Approval

FRIENDS

Lives Through Others
Insecure Socially
Withdrawn and Remote
Critical of Others
Holds Back Affection
Dislikes Those in Opposition
Suspicious of People
Antagonistic and Vengeful
Unforgiving
Full of Contradictions
Skeptical of Compliments

PHLEGMATIC-PEACEFUL

EMOTIONS

Unenthusiastic
Fearful and Worried
Indecisive
Avoids Responsibility
Quiet Will of Iron
Selfish
Too Shy and Reticent
Too Compromising
Self-righteous

WORK

Not Goal Orientated
Lacks Self-Motivation
Hard to Get Moving
Resents Being Pushed
Lazy and Careless
Discourages Others
Would Rather Watch

FRIENDS

Dampens Enthusiasm
Stays Uninvolved
Is Not Exciting
Indifferent to Plans
Judges Others
Sarcastic and Teasing
Resists Change